so went up and down town and showed himself in the Presence
at Court where he was generally laughed out *by* the noblemen
and ladies

zgth August A NEW PLAY
Since the end of June till five days ago there was no playing
at the Rose, but now they begin afresh and to-day they play a
play called *Long Shanks*

$ist August DRAKE AND HAWKINS SAIL
The fleet of Sir Francis Drake and Sir John Hawkins are
sailed from Plymouth, being the *Defiance, Garland, Hope, Bonaventure, Foresight* and *Adventure,* the Queen's ships,
together \\ith twenty other ships and barks, and containing
2500 men and boys With them is gone Sir Thomas Basker-
ville as commander by land

$th September THE EARL OF ESSEX'S ADVICE ON TRAVEL
Now that the Earl of Rutland hath a purpose to travel, rny
Lord of Essex hath composed for him sundry letters of advice for
his guidance In the first, setteth down the purposes of travel ,
to see the beauty of many cities, to know the manners of the
people of many countries., and to learn the language of many
nation* Some of these may serve for ornaments and all of them
for delights By travel men icach of study, conference, and
observation which is knowledge , and the true end of knowledge
is clearness and strength of judgment, and not ostentation or
ability to discourse The second letter giveth more exact par-
ticularities for the traveller He shall restrain his affection and
participation of his own countrymen and seek the acquaintance
of the best sort of strangers, who will instruct him in their
abilities, dispositions and humours Nor should his aim be,

like an intelligencer, to fish after the present news, humours,
graces or disgraces of the Court, which may haply change before
he come home, but to know the consanguinities and alliance of
Princes, the proportion between the nobility and the magistracy,
the constitution of the courts of justice, the state of their laws ,
how the sovereignty of the King infuseth itself into all acts and
ordinances , how many ways they lay down impositions and
taxes, and gather revenues to the Crown , what be the liberties